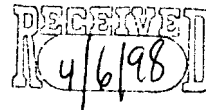




The Vitamin Marketing Experts

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March 5, 1998



Dr. Elizabeth Yetley
Director of the Office of Special Nutritional
Division of Programs and Enforcement Policy
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street
HFS-455
Washington, D.C. 20204

Dear Dr. Yetley:

Notice is hereby given pursuant to the requirements of Section 403(r) (6)(21 U. SC. 343(r)(6) of the Federal Food, Drug and Cosmetic Act of statements of nutritional support which have been made on the label and/or in the labeling in connection with the marketing of the dietary supplement STANDARDIZED HERBAL EXTRACT ST. JOHN'S WORT 150 MG/300 MG. STANDARDIZED HERBAL EXTRACT ST. JOHN'S WORT 150 MG/300 MG will be first marketed with these statements of nutritional support on Monday, March 16, 1998. The statements of nutritional support are as follows:

As shown in scientific studies.. Recommended during mild or moderate mood swings and during times of stress. Promotes positive mood & feeling.

Very truly yours,

MASON VITAMINS, INC.

Sonia C. Rodriguez
VP Marketing & Regulatory Affairs

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